

Bridges Symposium 2014: Summary of Delegate Feedback

We asked you 4 questions...here are your replies

1. What is your one take home message based on what you have heard or discussed this evening?

It is important to integrate and sustain self-management support as a team

The patient should be at the heart of all we do

Self-management is really co-management (patient, professional, family)

Dream goals are good!

Fantastic messages here, thank you for your ideas

2. What is one question you have about supporting self-management after stroke?

What are the outcomes of self-management and how do we measure it?

How do we sustain this way of working?

How can self-management be supported in the acute setting?

How does self-management fit with the often target driven model of health care?

How do we improve accessibility for people with cognitive and communication

What about self-management in undergraduate education?

How do we negotiate a person's dream goals?

How do we access training?

Some of these questions form the basis for our research projects, others we are still learning about from YOU! Please [contact us](#) if you have any questions about Bridges research or training

3. Are there any subject areas or events you would like Bridges to organise?

We would like to hear more from patients and family/carers

What about Bridges roadshows?

How can we use Bridges principles in conditions other than stroke?

Can you give further talks on goal setting?

Refresher training is important

We agree with hearing more from patients and families. We run a number of workshops, not just in stroke. Look out for a [goal setting](#) conference hosted by Bridges in January 2015

4. How can we improve any aspect of this event?

Start a little later so that we can get there from work

Improve the lighting on the speakers

More focus on practical aspects of how Bridges is being used

Have more involvement from patients and family/carers

There was noise from an event in an adjoining room

Flickering lights at one end of the room were distracting

We take all your feedback on board and apologise for the technical faults on the day, we will do all we can to make future events a comfortable experience